

Trauma Triage for Addiction Counselors
Wednesday, March 30 5:00-6:30 PM
Evening Hors d'oeuvres

Abstinence Model for Opioid Addiction; Lasting
Solution for SUD w/out Medication
Lunch and Learn
Wednesday, May 11 11:30am-1:30pm
Lunch Provided

Relevant Recovery: Creating a Young Adult
Environment for Change
Wednesday, August 17 5:00-6:30 PM
Evening Hors d'oeuvres

Spiritual Emphasis ~ Mindfulness
Lunch and Learn
Wednesday, September 21 11:30am-1:30pm
Lunch Provided

1.5 hour CE contact hour available
per training.

Register your plans to attend by sending your
name, phone, company, address and sessions
attending to:

chris_berkey@cumberlandheights.org

For additional information you may contact:

Randal Lea – 615.432.3011
Chad Hughes – 615.516.1086

Cumberland Heights IOP
6650 East Brainerd Rd., Suite 200
Chattanooga, TN 37421

Intake 888.646.9998
Office 423.402.6711

www.cumberlandheights.org

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2016 Education Series CHATTANOOGA



*To transform lives, giving hope and
healing to those affected by
alcohol or drug addiction.*

State-of-the-Art Treatment Techniques

3.30.16
5:00 – 6:30 PM

TRAUMA TRIAGE FOR ADDICTION COUNSELORS

Randal Lea, MA, LADAC

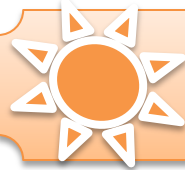
Workshop participants will be able to discuss:

- Forms of trauma work LADACs have handled historically within scope of practice
- Appropriate responses within scope of service for depersonalization, dissociation, sleep disturbance;
- Consultation, referral, and clinical supervision while working with trauma affected clients

Cumberland Heights is an approved provider for continuing education by the following authorities: NAADAC Approved Education Provider Program (No. 84491) and State of Tennessee Board of Alcohol and Drug Abuse Counselors (Endorsement#0813042).

Cumberland Heights is an NBCC-Approved Continuing Education Provider (ACEP) (No. 6127) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Cumberland Heights Foundation, Inc. maintains responsibility for this program. Daily participants' hours reflect actual hours in attendance.

NBCC and NAADAC approval is limited to the sponsoring organization and does not necessarily reflect endorsements of individual offerings.



5.11.16
LUNCH & LEARN
11:30 AM – 1:30 PM

ABSTINENCE MODEL FOR OPIOID ADDICTION;
LASTING SOLUTION FOR SUD W/OUT MEDICATION

C Chapman Sledge, MD, FASAM

Treatment for addiction has been evolving at a dizzying rate. New drugs of abuse and the re-emergence of old standbys are changing the landscape of treatment. The epidemic of Opioid Addiction will be outlined. Of particular interest, the shift towards pharmacotherapy in the management of addiction has been monumental. Specifically, opioid maintenance therapy has seemingly become the standard of care in the industry. This presentation will examine developing patterns of substance use and challenges in management, particularly, the history of opioid maintenance therapy through its current position of prominence in the field.

9.21.16
LUNCH & LEARN
11:30 AM – 1:30 PM



SPIRITUAL EMPHASIS ~ MINDFULNESS

Andrew Chapman, MA

Workshop participants will be able to: Describe the tenets of mindfulness practice; discuss the role of mindfulness as it correlates to 12-step recovery practice and identify specific mindfulness techniques, discuss the role of stress/anxiety/depression in triggering drug and alcohol use; and develop the skills to work with stress/anxiety/depression through mindfulness practice.

8.17.16
5:00 – 6:30 PM

RELEVANT RECOVERY: CREATING A YOUNG ADULT ENVIRONMENT FOR CHANGE

David Carrillo, LPC

A review of non-clinical and clinical concepts that help to facilitate change in the young adult population seeking treatment for addiction.

- Identify at least 3 ways to improve the clinical atmosphere to make it more conducive to change
- Identify at least 3 clinical interventions that may elicit change in this specific population.
- Identify ways in humor/fun may be incorporated into your personal clinical setting immediately.

EARN UP TO 6 CE CONTACT HOURS AT NO COST

NETWORK WITH PEERS OVER COMPLIMENTARY LUNCH OR EVENING HOURS D'OEUVRES!

ALUMNI WELCOME

Cumberland Heights
Chattanooga IOP
6650 East Brainerd Rd
Suite 200
Chattanooga, TN 37421